

30-Day Hindi Learning Plan – Learn Hindi Step by Step in 30 Days

A complete beginner-friendly roadmap to start speaking and understanding Hindi in just 30 days.

Week 1: Basics – Alphabet & Simple Words

Goal: Learn Hindi sounds, basic words, and simple greetings.

Day	Lesson Focus	Vocabulary Goal (5–10 words)	Practice Task	Speaking Goal / Phrase
Day 1	Hindi Alphabet (Vowels – स्वर)	अ, आ, इ, ई, उ, ऊ, ए, ऐ, औ	Write each vowel 3 times.	Say: “अ – अना, आ – आम”
Day 2	Consonants (व्यंजन) – Part 1	क, ख, ग, घ, च, छ, ज, झ	Practice pronunciation.	Say: “क – केला, ग – गमला”
Day 3	Consonants – Part 2	ट, ठ, ड, ढ, त, थ, द, ध	Write and read aloud.	Say: “त – तरबूज, द – दरवाज़ा”
Day 4	Basic Greetings	नमस्ते, धन्यवाद, कृपया, माफ़ कीजिए, अलविदा	Practice saying each aloud.	Say: “नमस्ते! आप कैसे हैं?”
Day 5	Numbers 1–10	एक, दो, तीन, चार, पाँच, छह, सात, आठ, नौ, दस	Count objects around.	Say: “मेरे पास तीन किताबें हैं।”
Day 6	Colors & Common Nouns	लाल, नीला, हरा, घर, पानी, खाना, किताब	Match colors to objects.	Say: “यह किताब नीली है।”
Day 7	Revision Day	Review Days 1–6	Read aloud all learned words.	Say: “मैं हिंदी सीख रहा हूँ।”

Week 2: Vocabulary & Basic Sentences

Goal: Build vocabulary and start forming simple sentences.

Day	Lesson Focus	Vocabulary Goal	Practice Task	Speaking Goal / Phrase
Day 8	Family Words	माँ, पिता, भाई, बहन, दोस्त	Draw family tree in Hindi.	Say: "यह मेरी माँ है।"
Day 9	Daily Objects	कुर्सी, मेज़, दरवाज़ा, खिड़की, बैग	Label items at home.	Say: "कुर्सी पर किताब है।"
Day 10	Basic Verbs	खाना, पीना, जाना, आना, देखना	Make flashcards.	Say: "मैं स्कूल जा रहा हूँ।"
Day 11	Pronouns	मैं, तुम, वह, हम, वे	Practice with pictures.	Say: "वह मेरा दोस्त है।"
Day 12	Simple Sentences (SOV)	Subject + Object + Verb	Write 5 short sentences.	Say: "मैं पानी पीता हूँ।"
Day 13	Questions Words	क्या, कहाँ, कब, क्यों, कौन	Practice asking questions.	Say: "तुम कहाँ जा रहे हो?"
Day 14	Revision & Conversation	Review Week 2	Practice mini-dialogues.	Say: "आपका नाम क्या है?"

Week 3: Grammar & Conversation Building

Goal: Understand grammar basics and form meaningful conversations.

Day	Lesson Focus	Vocabulary Goal	Practice Task	Speaking Goal / Phrase
Day 15	Gender (लिंग)	लड़का/लड़की, राजा/रानी	Match masculine/feminine.	Say: "वह लड़की है।"
Day 16	Plural Forms (वचन)	लड़का → लड़के, किताब → किताबें	Write 5 singular/plural pairs.	Say: "दो बच्चे खेल रहे हैं।"
Day 17	Postpositions	को, में, पर, से, का/की/के	Make 5 example sentences.	Say: "किताब मेज़ पर है।"
Day 18	Tenses – Present	मैं खाता हूँ, वह जाती है	Practice 5 present tense verbs.	Say: "मैं हिंदी बोलता हूँ।"
Day 19	Tenses – Past	मैं गया, वह आई	Write 5 past tense sentences.	Say: "मैं बाज़ार गया था।"
Day 20	Tenses – Future	मैं जाऊँगा, वह आएगी	Practice 5 future tense verbs.	Say: "मैं कल स्कूल जाऊँगा।"
Day 21	Revision & Dialogue	Review Week 3	Practice short dialogues.	Say: "आप कहाँ रहते हैं?"

Week 4: Speaking Practice & Real-Life Usage

Goal: Build confidence in speaking and understanding real-life Hindi.

Day	Lesson Focus	Vocabulary Goal	Practice Task	Speaking Goal / Phrase
Day 22	Daily Routine Words	उठना, नहाना, खाना, सोना	Describe your day.	Say: "मैं सुबह जल्दी उठता हूँ।"
Day 23	Time & Days	आज, कल, सुबह, शाम, रात	Make a daily schedule.	Say: "मैं शाम को पढ़ता हूँ।"
Day 24	Food & Eating	चावल, रोटी, सब्ज़ी, दूध, फल	Name foods in Hindi.	Say: "मुझे आम पसंद है।"
Day 25	Travel & Directions	बाएँ, दाएँ, आगे, पीछे, स्टेशन	Practice giving directions.	Say: "स्टेशन कहाँ है?"
Day 26	Shopping Words	कीमत, सस्ता, महँगा, बाज़ार	Role-play shopping.	Say: "यह कितना है?"
Day 27	Emotions & Feelings	खुश, दुखी, थका, अच्छा	Describe feelings.	Say: "मैं बहुत खुश हूँ।"
Day 28	Conversation Practice	Combine all learned topics.	Record yourself speaking.	Say: "मेरा नाम राहुल है, मैं दिल्ली में रहता हूँ।"
Day 29	Final Revision	Review all 4 weeks.	Test vocabulary & grammar.	Say: "मैं हिंदी बोल सकता हूँ।"
Day 30	Fluency Checkpoint	Speak for 2 minutes in Hindi.	Record and self-evaluate.	Say: "मैंने 30 दिनों में हिंदी सीखी।"

Tips for Faster Learning

- Practice **15–20 minutes daily**.
- Listen to Hindi songs or short videos.
- Speak aloud even if unsure.
- Use flashcards for vocabulary.
- Review every 7th day.

Common Mistakes to Avoid

- Mixing English word order (use SOV).
- Forgetting gender agreement (का/की/के).
- Ignoring pronunciation of nasal sounds (/ ँ).
- Skipping daily practice.

Daily Practice Routine

1. **5 min** – Review yesterday's lesson
2. **10 min** – Learn new words
3. **10 min** – Write 3–5 sentences
4. **10 min** – Speak aloud or record voice
5. **5 min** – Quick recap

30-Day Outcome:

By the end of 30 days, learners will be able to:

- Read and write basic Hindi
 - Understand simple conversations
 - Form sentences confidently
 - Speak short dialogues in daily life
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Footer:

Free Hindi Learning Resource

Learn more at [justlearnhindi.com](https://www.justlearnhindi.com)